



FITNESS

For everybody



Unlimited Classes

Enjoy the benefit of unlimited access to exercise classes every week



1:1 Training

Build your fitness with free sessions with our Accredited Exercise Physiologist



Discounted Services

Take rest and recovery to the next level with 20% off additional services

FROM
\$45 / per week

Start Today!

SIGN UP NOW - CONTACT US

0402 491 439

ADMIN@PHYSIOTHERAPYBYDESIGN.COM

SUBSCRIPTION PACKAGES

**Make a bold move towards a healthier you
with our tiered exercise subscriptions**

STARTER SUBSCRIPTION

\$45 /week

- ✓ Unlimited access to exercise classes
- ✓ 10% off all additional services

FULL EXERCISE SUBSCRIPTION

\$65 /week


- ✓ Unlimited access to exercise classes
- ✓ Includes one 1:1 session with our Accredited Exercise Physiologist per month
- ✓ 20% off all additional services
- ✓ Access to the studio during Program Hours - by appointment

INCLUSIONS

- ✓ Exercise Physiology (EP) sessions include an initial consultation. Sessions also include: goal setting, exercise regime curation and testing outcome measures. Valued at \$65 per 30 minute session, you're saving up to \$780 a year!
- ✓ Additional services include Physiotherapy - Initial and Subsequent treatments, and Remedial Massage
- ✓ Exercise Hours will be designated time slots where subscribers can come in and use fitness equipment freely to complete home exercise regimes, with the team available to assist and answer questions

Join Now!

 0402 491 439

 admin@physiotherapybydesign.com